



# CAST Baton Twirling Class



Presented by: Katie McCaleb Luker

Come join the fun and learn how to twirl a baton!

Baton twirling is making a comeback as the latest and greatest sensation!

Don't miss out on all the fun!

## Information

**Cost:** \$5/week activity fee to be paid on each Monday in addition to the daily CAST fee. You may setup monthly payments by talking with Mrs. Jackson.

**Registration:** CAST paperwork may be picked up at BES or sent home upon request by parent

**Contact:** -Call BES – Janet Jackson 205-926-4993 at extension 3040 after 3:30 PM

**Batons:** You can purchase batons at *Tuscaloosa Music* 1408 2nd Ave, Tuscaloosa, AL 35401 or you can order batons online (Make sure you know the correct length).

**Baton Length:** How to Measure for the correct baton length - Have the person stand tall and extend one arm straight ahead, parallel with the floor. Use a tape **measure** or yard stick. **Measure** from the base of the neck just above the shoulder, out to the tip of the middle finger. If the **measurement** is between **baton sizes**, choose the larger **measurement**...or in other words, **size up**.

## Classes

\*Our baton twirling classes not only focus on teaching children how to twirl a baton, our class encourages teamwork, poise, hand-eye coordination, as well as help children build their self-esteem.

\*Students will learn baton twirling tricks as well as dance-twirl routine.

\*Students will have an opportunity to show off their skills at a BES PTO Meeting (TBA).

\*Students can earn **RIBBONS** when a skill is mastered

\*This is a great opportunity which can lead to students becoming a majorette for their school.

\*Don't wait to start learning!!!

\*\*\*Please let me know by filling the bottom half of this form if your daughter is interested in taking baton.

\_\_\_\_\_ Yes, I give my daughter \_\_\_\_\_ permission to take baton on Wednesdays.

Parent Signature: \_\_\_\_\_